

La Leche League of Minnesota and the Dakotas



La Leche League has been supporting breastfeeding families for more than 60 years. We understand that while breastfeeding is natural, it doesn't always come easily.

Around the globe, mothers find vital support from La Leche League's volunteer Leaders on the phone, through email, and during monthly Group Meetings.



Visit our website to learn more about who we are, and to read our mission, diversity statement, and philosophy.



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