

## Experience. Support. Education. Resources.

## La Leche League supports parents through

- Preparing during pregnancy
- Breastfeeding during babyhood and beyond
- Transitioning back to work
- Overcoming obstacles
- Understanding baby's changing needs
- Navigating weaning
- Experiencing encouraging community

Attending meetings and contacting Leaders is always free.

www.lllofmndas.org

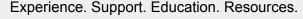


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