



La Leche League of Dickinson

Trained leaders helping mothers worldwide to breastfeed through mother-to-mother support, encouragement, information, and education since 1964. Meet other moms to discuss pregnancy, labor, baby care, breastfeeding & beyond!

Drop into one of our free meetings, playgroups or contact a local leader for support.

Meeting Discussions include:

- Great Expectations: Breastfeeding Benefits Everyone
- Realistic Expectations: A New Baby in Your Family
- What to Expect: Knowing What's Normal and Avoiding Problems
- Guess Who's Coming to Dinner? Beginning Solid Foods

Join us:

Evening Meetings

2nd Monday
of each Month
6:15-7:45pm

Sanford Health Dickinson Clinic
Community Room
2615 Fairway St

Morning Playgroup

4th Monday
TBD seasonally

Expecting, breastfeeding,
pumping moms & nurslings and
toddlers always welcome!

For more information,
or for breastfeeding
questions, visit us on
facebook or contact
your local leader

[www.Facebook.com/
lalecheleagueofdickinson](http://www.Facebook.com/lalecheleagueofdickinson)

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